

FREEDOM 2024-2025

Allstar Cheer

Parent Packet

Welcome to Freedom Allstar Cheer & Tumble!!!!

THIS PACKET AND THE INFORMATION IS SUBJECT TO CHANGE AT ANY TIME AT THE OWNERS DISCRETION.

I am so excited that you are interested in this program. If you have questions at anytime, please feel free to email or message me through our Facebook page. FreedomAllstarCheerandTumble@gmail.com or on FB @FreedomAllstarCheer

In this packet you will find quite a bit of information. This information is subject to change and will be updated as needed. We will begin team practices the first week of June. Exact times will be announced at the parent meeting after team reveals in May. Team practice schedules will be shared once registration closes and we are able to determine team probability.

USASF (US All Star Federation – the governing body for Allstar cheer) requires that birth certificates be uploaded to verify age of athletes as well as a current picture. This will be done by the parent before October 1st 2024. There is a \$49.00 membership fee (subject to change by USASF each season) to be a part of USASF and that will be paid at the time of joining or renewing your membership. This fee will not be reimbursed and is the responsibility of the parent. Your athlete can not be added to USASF rosters without a USASF membership. Athletes who register before August 1st will receive a credit on their SE Motion Account to be used towards tuition.

Gym Closures and Extra Practices

July 1 -6th – Summer Break	Dec 23-26 th – Christmas Break
July – Dates still to be shared – Wednesday – Sunday closed for National Convention possibly	Easter Sunday

Other closures will be announced as soon as they known and will not effect tuition unless announced at that time. Tumbling classes are already offered at a discount for Allstar members and will not be prorated due to closures.

Any situation arising that is not covered in this parent packet will be handled on an individual basis at the discretion of the coach and/or owner. Freedom Allstar Cheer & Tumble LLC maintains the right to refuse services at any time.

This packet is subject to change at anytime and you will be given notice as soon as possible.

Updated 3/26/24

Choreography Practices - August

There may be one to two Saturdays in August and September that will be used to learn choreography for the competition routine. Those times and dates will be announced when team placements are announced. Please let the coach know of any weekends that are not available for your athlete in August or September at Evaluations in May.

Evaluations

Evaluations are not a typical tryout as everyone will make a team. Evaluations will be made based on age and ability however, athletes will be placed on teams based on what each team needs to be successful. If you disagree with team placement you can schedule an appointment with the coach or owner and receive an explanation for why that choice was made, but team placements will not be changed unless the coach sees a need for doing so. Other athlete's team placements will not be discussed. This year all athletes registered before May 19th will be guaranteed an evaluation. Registration may continue past May 19th if needed but is not guaranteed. We have been Division 2 since our opening and if more than 125 athletes end up competing on Elite Teams, it would qualify our gym as Division 1. We are prepared to make that change this year if needed. Remember in order to guarantee that you receive an evaluation and a team placement you should register as soon as registration opens.

Team Assignments

Team assignments will be based on a few factors. **Prep vs. Elite teams** – Prep teams are made to prepare athletes for competition that haven't had that experience before or are not wanting to travel and compete as often. **Prep teams will only be offered if we have enough interest at each age level needed and will ONLY be offered at level 1 skills.** Elite Teams will be based off of age level AND ability and will be offered in levels 1 – 4 at this time pending enough ability at the needed age level for that skill set. We will have our annual Invite Night after Evaluations where athletes receive their official invitation to join a team. This is not mandatory but we thoroughly enjoyed this last year. On the invitation, the athletes name and Base team will be listed. If they have selected the desire to cross team, the next team listed will be their cross team assignment. If they decided 2 teams is too much, the cross team assignment will be the one dropped, not the base team assignment. Birth year is what is used to determine team eligibility for Prep and Elite Teams. Athletes birth years may not fall outside of the level they are placed on. **Athletes will only be placed on Prep teams if they have chosen prep as an option on the survey sent out after Registration or if there is not enough to field a team at the Elite Level for their age range. At which time the owner will reach out to those athletes to inform them of their placement.**

Practice Times

Due to the size and space limitations of our facility. Our practices, classes and clinics are closed to athletes and coaches only. Thank you for understanding. Practice times will be announced after evaluations as to determine how many teams we will have. If the practice starts at 2 pm then it is expected that athletes be there prior to 2 pm so that at 2 they are on the floor ready to work. One practice for each team will be on Saturday morning or Sunday afternoon between the hours of 12 and 8. Specific times will be announced after evaluations.

Elite Teams: Practice from June until the end of the season. Compete at more competitions and travel further. Accept bids to higher level competitions as received. Levels 1 and up available depending on age and ability. More of a financial and time commitment but more specific with the level placement of your athlete.

Prep Teams: Open gyms throughout the summer included in tuition. Mandatory Practice and tuition will begin in October for all Prep teams except Tiny prep. They will begin in June as that age requires more time and consistency. Only level 1 offered and only 1 team aside from Tiny, so placement is not guaranteed in that we will be deciding age level after registration closes to accommodate the most amount of athletes possible.

Updated 3/26/24

Attendance

I know that summer months are time for vacations and family but attendance is still important. If you are going to miss please inform me (Coach Jen) as soon as possible as it allows for me to plan practices accordingly. Please try to attend as many as possible. During the summer we work mainly on stunt basics, tumbling and individual skills of each athlete to help choreograph the best routine to show off our talent. Choreography camp will be in August and athletes must be in attendance in order to have a roll in the routine. If you are going to be out of town in August at all please let me know ASAP so that I can schedule that accordingly. Excessive absences could result in the athlete being pulled from the team or moved in the routine. There is no second string in cheerleading and therefore, everyone is vital to the success of the team. The two practices before a competition are considered black-out dates and only emergency or contagious illness related absences are allowed. Missing for other reasons can result in their routine being changed or a reserve subbing in for the athlete at that competition.

Crossovers

If we have more than one team and your child is age appropriate for both teams, they may be asked if they want to crossover. This simply means that they would be a member of both teams. If you or your child feels that it is too much responsibility or too much of a time commitment, you can simply say so and your child will only be on one team (the first team they were assigned too). If you do opt to crossover, tuition for the second team would be \$25 in addition to the tuition from the first team (first team will be decided by the coach). There will be additional competition fees for each competition.

Late Registration

If for some reason someone would like to join our team after registration has ended, they will be allowed to pending the approval of the owner/coach. They will be responsible for paying back-dated tuition from the beginning of the season. This is due to the fact that tuition covers things that the team uses year-round including but not limited to insurance, music, etc.

Behavior

All athletes and parents are expected to maintain good sportsmanship throughout the season from practices to competitions. You are a direct reflection of the team and any behavior that reflects badly on the team will be handled accordingly by the coach and/or owner. This includes social media platforms and in person. A Parent and Athlete Code Of Conduct must be signed before the season begins.

Leaving Mid-Season

IF your athlete decides after choreography has begun (typically in late July or August) that they will be stepping away from the team, no fees or money that has already been paid in will be reimbursed.

Concerns

Any concerns that the coach or owner should address should to be brought to the coach's/owner's attention as soon as possible however this does not mean during the middle of practice or in front of other parents and or team members. I will not discuss team members with you unless you are the parent/guardian of said team member.

Elite Teams Fee Schedule for Allstar Teams Only

Level	Fee	Amount	Frequency	Due by	Hours of Practice
ALL	Registration	\$45.00 (Nonrefundable)	One time	Registration	
Elite Tiny/ Mini Level 1	Tuition	\$85.00	Monthly	1 st of each month Beginning June	1 practice per week 1 hour long- 1.5 hours
Elite Youth/JR/SR Level 1	Tuition	\$110.00	Monthly	1 st of each month Beginning June	2 practices each week 2-4 hours total
Elite ALL AGES Level 2+	Tuition	\$130.00	Monthly	1 st of each month Beginning June	2-3 practices each week 4-6 hours total
	Tumbling Class *	\$60 / month - 1 hour class (allstar discount)	Monthly	1 st of each month	NOT REQUIRED AND NOT GUARANTEED SPACE
	Uniform Bow/Headwear	\$250.00 - \$300 (Divided into two monthly payments) \$15-30	\$150 \$150 1 payment	July 15, 2022 August 15, 2022 Sept 15 th	New uniforms for about 40 % of teams. ALL TEAMS
ELITE TEAM – not summit bound	Competitions	Approximately \$550.00 Total Divided into \$110.00 increments	5 payments	Sept 15 th Oct 15 th Nov 15 th Jan 15 th Feb 15 th	Crossovers pay additional fees
ELITE TEAM Summit bound	Competitions	Aproximately 950-1000 Includes season comp registrations and coaches fees and Includes summit coaches fees and attire fees up front. If we do not receive a summit bid – these fees will be applied to US finals, regional summit or refunded based our end of season event.	Upfront \$950 Or 10 Monthly payments of \$100	June, July, August , Sept Oct, Nov, Jan Feb, March, April	If paying up front balance is due by August 15 th

*Optional add on for Allstar team members, price is reflective of a discount to Allstar members only.

*All teams listed will not guaranteed to be actual teams this season. This is just a guide. ALL INFORMATION IS SUBJECT TO CHANGE based on team placements.

Prep Team Fee Schedule

Level	Fee	Amount	Frequency	Due by	Hours of Practice
ALL	Registration	\$45.00 (Nonrefundable)	One time	Registration	
Prep Tiny /Mini Level 1	Tuition	\$85.00	Monthly	1 st of the month Beginning June	1 hour per week
Prep Youth/Junior Level 1	Tuition	\$85.00	Monthly	1 st of the month Beginning in October	1 hour per week
	Tumbling Class *	\$60 / month - 1 hour class (allstar discount)	Monthly	1 st of each month	NOT REQUIRED AND NOT GUARANTEED SPACE
	Uniform	\$250.00 - \$300 (Divided into two monthly payments)	\$150 \$150	July 15, 2022 August 15, 2022	New uniforms for about 40 % of teams.
	Bow/Headwear	\$15-30	1 payment	Sept 15 th	ALL TEAMS
Prep Teams	Competitions	Approximately \$150-\$300	2 payments	Nov 15 th Jan 15 th	CAN NOT CROSSOVER

*Optional add on for Allstar team members, price is reflective of a discount to Allstar members only.

*All teams listed will not guaranteed to be actual teams this season. This is just a guide. ALL INFORMATION IS SUBJECT TO CHANGE based on team placements.

Private Lessons

Private Lessons are offered for members only. Information will be shared about these at a later date. Please know that private lessons are a privilege that our gym is able to provide, they are not required and the schedule is at the full discretion of the coach providing the lesson. A parent or guardian must accompany the athlete to their lesson and stay for the entirety of it.

Competitions –

ELITE: I plan to attend between 3-5 competitions between Dec and May. They range from minimal travel to up to 4.5 hours and a weekend stay. As soon as I know the specifics for each competition, they will be shared with you. If you miss a competition for anything but an emergency or something planned before evaluations and spoken to the coach about, your athlete may be removed from the competition routine and not added back in. Competition schedules will be shared over the summer and will be divided out into even payments starting Sept 15th through Feb 15th (Skipping December) and will be paid for online via the parent portal. I will send out reminders as the dates approach.

PREP: I plan to attend 1-2 competitions between Jan and March. They will most likely be within 1-3 hours and minimal travel required if at all possible. These dates and information will be shared at a later date. Fees will range from 200-300 depending on the amount of required fees for each competition

Updated 3/26/24

Price Breakdown

Registration Fee - \$50.00 is due at registration and must be paid via the parent portal. All athletes will make a team. (Early Registration will receive a discount)

Monthly Tuition - Charged in SEMotion on the 1st of each month and due by the 5th. If tuition is late, the athlete will not be able to practice until it is paid. If it is more that 2 weeks late, the athlete will be removed from the routine until the account is brought back in good standing. After 30 days late payment the athlete will be removed from the team. Once a month has begun and tuition is paid for that month, no refunds will be issued. There is a sibling discount on monthly tuition only. 1st child is regular price, second is 20% off per month on all-star tuition only, 3rd sibling is 30 % off per month on Allstar Tuition only. The easiest way to ensure payment is not late is to do this is through our parent portal and set up automatic payments.

Tumbling Class- Tumbling will be taught during some of the team practices but practices will consist mostly of stunting, conditioning, and routine work. You can add on a tumbling class for \$60 dollars per month (in addition to the monthly tuition) for 1 hour classes or \$35 per month for half hour classes. Classes are offered based on the gym and coach availability and will not always be offered in two time slots. This is an optional add on and classes will be reserved for team members first, however they will be open to outside enrollment once team members have registered if there is still room in the class.

Uniforms – Cost is to be paid in two increments beginning on July 15th and lasting two months on the 15th of each month. Again, if you set up online payments through the parent portal this will be drafted out on the due date so that we can order and have enough time to fix any issues that might arise before the first competition. If your uniform is not paid for in full by Aug 15th it will not be ordered. Uniforms will be used for a 2-3-year rotation as of now. (this will be year 3 for the black uniform and year 4 for the purple. Purple may be used for a prep team this coming season and will only be available used if we decide to keep them this year. Dreamers uniform from the last two seasons will not be the uniform this coming season but might be used if we have a tiny prep team this season)

Fundraising

We will have one team fundraiser in which everyone is asked to participate during June and July. Funds will be used for uniforms first and then for competition fees. All other fundraisers will at your discretion as to whether you participate and proceeds will not be divided evenly throughout the team. So pretty much what you sell, you earn. With last years fundraisers, some people ended up having most if not all of their season paid for. We will most likely be using the same fundraisers this year and will send out information as they get closer.

Competition Schedule

We can only attend competitions that are sanctioned by USASF per our insurance policy and I am not able to control when and where these are held. As the season progresses more local competitions may be listed and I will get those dates to you ASAP. It is not guaranteed that we will attend every competition on this list provided April 1st. The competitions that will be listed are subject to change at the Host's discretion. Your competition fees will be used to pay registration for each of the events that we attend. I will share the schedule as soon as they are released in early April.

Updated 3/26/24

Parent Portal

Sports Engine will be required to register your child for cheer and all charges will be done through our online system. The mandatory card auto payments option has been turned off for the time being as I am trusting the parents to pay on time and meet all financial deadlines. However, if it is easier for you, you may choose auto payment for future payments including tuition, uniform, competition fees etc. Fundraising money will be credited to your account and reflect in any upcoming payments you have.

Appearance at Practice and Competitions

Hair – Hair is to be worn up, out of the face for practices and will have a specific style to be worn when competing, this will be announced by the coach prior to each competition. If hair is not styled the way the coach has required it may be redone by the coach prior to competing. During competition season, hair must stay in a natural hair color (this does not mean it has to be the athletes natural hair color but a color that is natural – blacks, browns, blondes, and some red colors would fit in to this category)

Make up – Make up will be chosen by the coach prior to each competition.

Shoes- Shoes are the responsibility of the athlete. You can purchase any cheer shoe (solid white) that fits your needs and budget. If you plan to fly or tumble however weight of the shoe will play a roll. The lighter and more fitting the shoe, the better. Cheer shoes are to be worn at every practice. I suggest having a practice pair and a competition pair. Competition pair should be as clean as possible and in good condition.

Nails- Nails must remain trimmed to the end of the finger as they can injure others while stunting or cause injury to the athlete while stunting or tumbling. During competition they must remain clear or French tip only. I do not recommend competing in acrylic nails as they can be ripped off during competition.

Jewelry- Jewelry is not to be worn at practice or competition as it can lead to injury. Please do not get new piercings during the season as they must be removed to compete.

Attire- Team apparel should be worn each week to practice unless a coach has called for a “themed” practice.

Additional clothing items will be sold throughout the season for family members and athletes to support their team. ***Please refrain from making your own spirit wear without asking the owner first as some things might need to be consistent among athletes and or might pertain legally to the company.*** I thank you in advance for this!

Attire Needed and not included in Uniform Fee

- Team Practice Wear Set for Prep teams - \$50 Paid in August
- Team Practice Wear Set for Elite Team - \$75 Paid in June